

# **ADDICTIONS**

## **South Asian Addictions Day Program**



### **What is South Asian Addiction Day Program?**

The South Asian Addictions Day Program (SAADP) is a linguistically and culturally appropriate psycho-educational group program for South Asian Men with substance abuse problems. This program runs Monday to Thursday, 10:00a.m. to 2:00p.m. in three weeks cycle, in partnership with William Osler Health Centre and in close collaboration with other addiction and mental health services in the Central West – LHIN area. Community members or professionals can make a referral. Assessment is completed and if appropriate, client may join the SAADP as soon as possible.

### **Who can benefit?**

Men 16 years of age and over, who are affected by addiction problems are eligible.

### **What are the major benefits?**

The benefits are substantial and include:

- Services are in Punjabi, Hindi, and Urdu
- Psycho-educational group program for substance users
- 3 week intensive group program
- Referrals to appropriate programs in the community
- Support addressing recovery goals

### **How are referrals made?**

Referrals are made by calling 905.677.0889. Community Based Agencies, Probation Officers, Lawyers, Religious leaders, Family Members, Family Physicians and individuals may make a referral.

### **Where is the Program located?**

The program is located at 2829 Derry Road East, Mississauga, Ontario, L4T 1A5

### **What are the hours of operation?**

*Monday to Thursday from 10 a.m. to 1 p.m.*