

CARE PROGRAM

Connection, Acceptance, Resource, Empowerment (CARE) program offers mental health support and service referrals to Peel residents.



DROP-IN INFO SESSIONS

Friday, Nov 6th, 3:00-5:00pm

**7700 Hurontario St, Brampton,
L6Y4M3**

Open to all Peel residents who:

- Have low or no income or are receiving OW or ODSP
- Curious about mental health

Session Topics

- OW & ODSP information
- Presentation on Coping with Anxiety

Join us for support, resources and light refreshments!

Registration not required! For more info, please contact:



416-399-1469



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