


Paint Night Workshop

**July 15, 2026
3:30PM-5:30PM**



Come join us for a relaxing and creative workshop focused on mental wellness, self-expression, stress relief, and the joy of painting! 

Event Features



Wellness Education



Refreshments



Music and Mingling



Painting Activities



Community Resources

An Evening of Art, Fun, and Relaxation



Location: 60 West Dr Brampton,
ON L6T 3T6, Room 101



(437)-243-3735



supportline@pchs4u.com



**Scan QR Code
to Register or call
437-243-3735**